

Tree Type Quiz

Instructions:

You may find that more than one answer fits you—and that's okay. Life isn't a single-choice question.

- If one is a clear winner, give it **1 full point**.
- Torn between two equally strong answers for a question? That's fine. You can assign **1 point to the stronger one**, or **½ point to each** if both felt equally true. Trust your gut.

For each question, choose the answer that feels *most* like you—not the “ideal” version of you or what others expect. Trust your first instinct.



1. How do you usually respond when a big opportunity presents itself?

- ☐ A) I go for it right away. I like riding the wave.
- ☐ B) I take time to plan. I need to be sure.
- ☐ C) I hesitate—I want it, but I don't rush into things.
- ☐ D) I usually pass. I value peace and simplicity.
- ☐ E) I quietly prepare and strike when I feel it's right.
- ☐ F) I ask myself if it feels aligned with what I really want.



2. How would you describe your personal pace in life?

- ☐ A) Fast. I like to move and make things happen.
- ☐ B) Deliberate. I think before I leap.
- ☐ C) It depends. I go through bursts and pauses.
- ☐ D) Calm. I like a slower rhythm. It suits me.
- ☐ E) I like being efficient and impactful with less noise.
- ☐ F) I flow emotionally more than chronologically.



3. What gives you the deepest sense of fulfillment?

- ☐ A) Recognition and achieving big goals
- ☐ B) Building something meaningful over time
- ☐ C) Expressing creativity or beauty in small ways
- ☐ D) Living without pressure or comparison
- ☐ E) Quiet impact, like helping someone behind the scenes
- ☐ F) Deep purpose or spiritual alignment



4. How do you tend to respond to failure?

- ☐ A) I bounce back fast. I'm already on to the next thing.
- ☐ B) I reflect, regroup, and learn from it over time.
- ☐ C) I get emotional, but I come back stronger.
- ☐ D) I withdraw and take my time recovering.
- ☐ E) I rarely show it outside, but I internalize and grow.
- ☐ F) I try to make meaning out of it, even if it hurts.

5. What's your relationship with long-term goals?

- ☐ A) I set them and chase them hard.
- ☐ B) I'm more of a builder. I grow slowly and steadily.
- ☐ C) I plant seeds, then take action when the time feels right.
- ☐ D) I live in the moment. Too much planning drains me.
- ☐ E) I dream in silence and act when nobody's watching.
- ☐ F) I don't chase goals; I follow my purpose.

6. How do others describe your energy?

- ☐ A) Driven, inspiring, magnetic
- ☐ B) Grounded, steady, dependable
- ☐ C) Unpredictable but impactful
- ☐ D) Easygoing, chill, peaceful
- ☐ E) Reserved but thoughtful
- ☐ F) Deep, soulful, creative

7. What's your ideal version of success?

- ☐ A) Fame, wealth, influence
- ☐ B) Respect, legacy, long-term growth
- ☐ C) Moments of brilliance or creativity
- ☐ D) Peace, balance, comfort
- ☐ E) Subtle impact and quiet pride
- ☐ F) Alignment with inner truth and values

8. When you start something new, how do you operate?

- ☐ A) All in. I like to make an impression fast.
- ☐ B) Slowly and strategically. I'm patient.
- ☐ C) I watch and prepare. Then I move big.
- ☐ D) I don't rush. I just go with the flow.
- ☐ E) I wait until I'm sure it's right, not just "big."
- ☐ F) I follow my heart more than any plan.

9. How do you recharge when you feel drained?

- ☐ A) I set new goals or chase a new dream.
- ☐ B) I take a step back and reflect in solitude.
- ☐ C) I take breaks and come back recharged.
- ☐ D) I unplug completely and rest with no agenda.
- ☐ E) I spend time in quiet hobbies or nature.
- ☐ F) I journal, meditate, or create something meaningful.

 10. What's your inner voice like most of the time?

- ☐ A) Go. Win. Do more.
- ☐ B) Stay focused. Keep going.
- ☐ C) Wait... wait... okay, now!
- ☐ D) You're fine. Take it easy.
- ☐ E) Observe. Be present. Choose wisely.
- ☐ F) Feel. Listen. What matters most?

 11. When it comes to love and companionship, which statement feels most like you?

- ☐ A) I love sharing my journey with someone, but I can also thrive alone.
- ☐ B) I'm naturally independent and can wait patiently for the right one.
- ☐ C) I don't need someone until I feel ready, then I open up quickly.
- ☐ D) I deeply enjoy being with someone. I feel most alive when in love.
- ☐ E) I enjoy meaningful companionship, but I'm very selective and cautious.
- ☐ F) I long for soulful connection, but I can grow and heal alone too.

 12. How do you feel when you're not in a romantic relationship?

- ☐ A) I focus on my goals. It doesn't affect me too much.
- ☐ B) I feel at peace. If it happens, it happens.
- ☐ C) I don't mind it until I suddenly really want someone.
- ☐ D) I feel a constant sense of longing for connection.
- ☐ E) I prefer solitude and deep friendships over romance.
- ☐ F) I reflect a lot. It's hard sometimes, but I know I'm still whole.

 13. When someone disagrees with you deeply, how do you usually respond?

- ☐ A) I defend my point with passion. I don't mind confrontation.
- ☐ B) I stay calm and explain my side logically.
- ☐ C) I go quiet and wait until emotions settle.
- ☐ D) I avoid conflict. I'd rather keep the peace.
- ☐ E) I try to understand their side before reacting.
- ☐ F) I reflect on what the conflict means emotionally, then respond.

 **14. When life feels confusing or uncertain, how do you usually move forward?**

- ☐ A) I focus on action. I'd rather try something than sit still.
- ☐ B) I stick to my plan and take it one step at a time.
- ☐ C) I wait for clarity, then I leap.
- ☐ D) I pause and let things settle.
- ☐ E) I zoom out and look at the big picture quietly.
- ☐ F) I journal, feel, and ask myself what this moment is really teaching me.

 **15. How do you tend to behave when your usual approach doesn't work?**

- ☐ A) Push harder—I double down.
- ☐ B) I step back and create a new long-term plan.
- ☐ C) I wait quietly, then come back with something unexpected.
- ☐ D) I let it go and focus on what feels peaceful instead.
- ☐ E) I adapt behind the scenes and keep moving in subtle ways.
- ☐ F) I reflect deeply. Sometimes the obstacle is there to teach me something.

SCORING YOUR TREE TYPE

How to Score:

- Count how many times you selected each letter (A through F) and add the points you assigned to them.
- Add up the total points for each letter:

Letter	Tree Type	Total Points	Description
A	Mango Tree		Warm, expressive, emotionally open. Driven by heart-centered motivation
B	Teak Tree		Disciplined, structured, focused. Thrives in order and precision.

C	Bamboo Tree		Flexible, resilient, adaptive. Moves with life instead of resisting it.
D	Cherry Blossom Tree		Creative, intuitive, sensitive. Feels deeply and sees possibilities others miss.
E	Sandalwood Tree		Calm, reflective, wise. Anchored from within; thrives in stillness.
F	Oak Tree		Steady, loyal, protective. Purpose-driven with strong internal stability.

What Your Score Means:

- **One type clearly leads** (2+ points ahead of the others): That's your **core tree type**.
- **Two or more types are close in score** (within 1–2 points): You're likely a **hybrid**.
- **Zero scores on any type?** That type may not be prominent now, but it may grow in you later.